

INCLUSION PROGRAMME

OVERVIEW OF YEAR 1

- 2 INTRODUCTION
- 4 SUMMARY OF YEAR 1 DELIVERY
- 7 KEY PERFORMANCE INDICATORS
- 8 FINDINGS FROM SCHOOL DATA AND FEEDBACK RESPONSES
- 10 PARTNER ORGANISATIONS
- 11 LOOKING AHEAD TO YEAR 2



DERBY
COUNTY
COMMUNITY
TRUST



INTRODUCTION

The Opportunity Area Inclusion Programme aims to increase the capacity and capability of mainstream schools to provide effective inclusion interventions and support vulnerable students.

The consortium, led by Derby County Community Trust, set out to create a delivery model that uses the power of locally based Derby organisations, supplemented by local authority connections and some national partners. The programme is locally led, locally driven and includes consultation with young people and their families throughout.

Our insight and learning will strengthen our understanding of the issues facing children and young people in Derby and enable us to provide resources to help schools correctly identify need and make appropriate referrals into the right support. It is important that this is done in a sustainable way leaving a legacy of a clear, consistent, and user-friendly referral system that supports some of our most vulnerable children and young people.

Our approach

What we will do

Inclusion Programme themes

Challenges:

- Permanent exclusion rates
- Persistent absenteeism
- GCSE attainment
- SATs results
- NEET rates
- Mental and emotional disorders
- Youth unemployment
- Social mobility
- Covid-19

Outcomes:

- Improved pupil attendance
- Improvement in mental wellbeing
- Raised confidence and aspiration of pupils
- Consistent system of referrals
- Parents and families are more engaged

Impact:

- A reduction of exclusions
- Reduction in NEET young people
- Increased attainment
- Tackling inequalities

OUR MISSION

The Inclusion Programme seeks to increase the capacity and capability of mainstream schools to provide effective inclusion interventions and support vulnerable students.



TARGET GROUPS

Taking account of national and local data, local context and project work currently being undertaken indicated target groups as but not limited to:

1. Identification of 'at risk' pupils transferring from Y6 to Y7.
2. Pupils in Year 7 & 9 at risk of fixed-term exclusion for persistent disruptive behaviour.
3. Prioritising pupils in locality 2 – specifically the schools with the highest FTE rate in that locality.
5. Prioritising pupils that fall into the characteristics of; male; Gypsy, Roma or Travellers; SEN; or Black Caribbean or White and Black Caribbean.
6. Key Stage 1 pupils with persistent disruptive behaviour and likely to be at risk of exclusion in the future.

THEMES

The Inclusion Programme has been shaped around the following themes:

1. **Youth Voice**
Theme Lead: Derby Theatre
2. **Mental Health**
Theme Lead: Derby County Community Trust and Bridge the Gap
3. **Mentoring, inclusive of SEND**
Theme Lead: Safe and Sound
4. **Careers & Employability**
Theme Lead: Learn by Design



SUMMARY OF YEAR 1 DELIVERY

RESEARCH

Direct Education Business Partnership were commissioned to undertake research to ensure the journey of young people was captured, understood and shared.

- 37 key professionals engaged in research
- 15 families consulted
- 50 young people consulted

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YOUTH VOICE

Derby Theatre were commissioned to lead our work to capture youth voice. They worked in partnership with 5 schools across the city with targeted groups. Through cultural and creative activities, they supported young people to express themselves. We wanted to hear young people's new ideas for the city's overall future and to evolve a better understanding of the reasons young people are excluded from provision. This linked with the city-wide Youth Voice framework and strategy.

S.H.E.D. project

To celebrate and amplify Derby's youth voice, work was created by dozens of young Derby artists and exhibited outside Derby Cathedral. The Derby Voice installation was developed by Designing Dialogue Community Interest Company S.H.E.D. This was done in collaboration with Derby Theatre, which worked with five schools — Bemrose, Hardwick, Murray Park, St James Junior and St Martin's — to capture the ideas of those at risk of exclusion.

[CLICK HERE](#)

Youth Voice Change Makers

Led by Derby County Community Trust and linking to the Derby Youth Alliance and NCS programme, this

opportunity gave young people the opportunity to be Change Makers and bid for small grants to develop projects to make Derby more inclusive.

- 125 young peoples' voice captured

MENTAL HEALTH & WELLBEING

Derby County Community Trust provided support to address emotional health and wellbeing. Their offer to schools included:

- Winning Minds Programme, designed to support pupils with high pressure moments, addressing issues directly and sensitively. We offered both a Primary and Secondary programme and worked with whole classes, intervention groups or through 1:1 mentoring
- 5 ways to wellbeing workshops
- Wellbeing 1:1 advice and support to build confidence, communication skills and self esteem
- Tackle It (support for 12-17 yr olds)
- Mental Health First Aid course

We also commissioned **Bridge the Gap** to lead on some Reception and Key Stage 1 support including:

- Emotional Literacy programme, including 1:1 support and small group work
- Access to their whole school mental health online platform, accessible for schools and families
- Clinical supervision for school staff
- Connection and co-regulation training for school staff
- 100% of children felt the programme had supported them with their mental health and wellbeing
- 100% of school staff felt the support had been beneficial and felt better supported with regards to whole school mental health

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MENTORING

Safe & Sound led our mentoring theme and provided tailored one-to-one support to victims and young people at risk in Derby. Whilst maintaining their specialism in sexual exploitation, they have expanded their services to include all forms of exploitation, with their specialist workers giving direct one-to-one support to children and families, including a dedicated specialist SEND worker. Safe and Sound provided preventative, early intervention support targeted at young people at risk of exclusion.

- 38 young people mentored

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CAREERS & EMPLOYABILITY

Learn by Design were commissioned to lead our careers and employability work and provided interactive tailored workshops to inspire children and young people. Through career related learning they developed employability skills and aimed to broaden horizons and raise aspirations for young people and families. Delivery varied from weekly sessions over a term to one day intensive sessions. They delivered sessions in 7 primary schools and 5 secondary schools.

- 183 young people developed employability and life skills
- Pre and post self-assessment showed improvements in all 9 key areas
- 100% of teachers that responded reported the project had been positive and meaningful

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COMMUNITY HUBS

Co-ordinated by **Derby County Community Trust**, with delivery from a range of organisations, we provided regular, structured activity on young people's doorsteps. The opportunities offered were a mixture of sports, arts, leisure, and cultural activities, as well as educational workshops and support for the whole family.

Baby People were commissioned to run some Community & Digital Hubs including music technology,

break dancing and an urban choir. These sessions included hubs targeted at Girls and young people from Roma and/ or BAME communities.

[CLICK HERE](#)

As part of the Post 16 Transition project, DCCT ran a **Post 16 Community Hub** throughout the summer break. This was intended to provide regular opportunities for young people moving from Year 11 into further education to build their confidence, skills and motivation. Sessions included physical activity, outdoor pursuits, team building and leadership opportunities.

- 14 regular community hubs running
- 226 young people accessing Community Hubs

DIGITAL HUBS

Running on school sites or in a community setting, Digital Hubs provided a suitable space and resources to enable children and their families to access the internet, computers and develop digital skills. Derby County Community Trust ran Digital Hubs across the City, including a regular drop in Digital Café for young people and their families.

We supported **City of Derby Academy** to develop a **Digital Literacy** Passport pilot for their Year 11 pupils. This was designed to ensure young people had developed basic digital skills to ensure they are equipped for the future. The intention is to develop a digital literacy curriculum across all year groups in the secondary school with the potential for other schools in the city to adopt a similar programme.

Linked to the Post 16 Transition project, DCCT ran a **Post 16 Digital Hub** during the summer holidays. This was targeted at Year 11 pupils moving into their next stage of education. The sessions were designed to develop digital skills. As part of these sessions the young people also completed an online Playmakers Award, enabling them to start their coaching pathway. Young people also had training in video production and analysis.

- 10 regular digital hubs running
- 98 young people accessing Digital Hubs

SCHOOL HOLIDAY PROVISION

Co-ordinated by **Derby County Community Trust**, we provided structured activity on school sites during the holidays. Opportunities delivered included physical activity, wellbeing programmes, leadership training and support with curriculum subjects. This was delivered across a number of primary, secondary and special schools.

POST 16 TRANSITION SKILLS

Derby County Community Trust ran workshops and courses throughout the summer break, targeted at young people moving from Year 11 into Post 16 education. The sessions were designed to help young people to feel more confident, equipped and motivated with the next stage in their education journey.

1. Values/Youth Voice
2. Interpersonal skills
3. Health and wellbeing
4. Financial management
5. Careers and employability

In addition to the workshops, DCCT provided one to one mentoring and access to ongoing Community and Digital Hubs.

- 34 young people from Derby engaged

REFERRAL PATHWAY

The OA Inclusion Programme set out to develop and share a clear pathway of support for children at risk of exclusion that is clear, consistent and a user-friendly system. It's evident there is a range of organisations and support available to schools and families. **Schools Development Support Agency (SDSA)** has been commissioned to design and build an online platform that is a directory of inclusion services and takes the user on a journey through the services available.

SCHOOL SPECIFIC PROJECT/ INTERVENTION

City of Derby Academy:

- Digital Literacy Passport for Year 11 pupils to develop essential digital skills
- Family liaison to support young people at risk of exclusion

Bemrose School:

- Transition Mental Health and Wellbeing workshops, for Year 6 pupils moving into Year 7 and their families
- Digital Literacy sessions for pupils and families

Derby Pride Academy:

- The Twilight Alternative Provision Intervention pilot was designed to support pupils from Derby schools who are at risk of exclusion. This was targeted at pupils who were unresponsive to current interventions offered in their school and required time away from their cohort to engage in intensive intervention. DPA offered a personalised intervention in their setting. The programme included short term programmes, core teaching and pastoral support to meet individual learner needs. This was delivered through small group work and 1:1 mentoring.

Da Vinci Academy:

- An early intervention programme pilot to support pupils at risk of exclusion. The aim of the programme is to reintegrate pupils back into class. The programme includes team build sessions, outdoor education, mentoring, physical activity and leadership sessions. Project staggered across Year 1 and Year 2 of OA Inclusion Programme.

YMCA Key College:

- Mentoring sessions for students who suffered significant challenges and needed professional support to help with transition to their next level of study or to work
- Careers and employability sessions to build life skills and assist with progression

KEY PERFORMANCE INDICATORS

Research target: journey of young people captured, understood and shared.

- 40 key professionals engaged in research
- 60 families consulted
- 80 young people consulted

Research actual:

- 37 key professionals engaged in research
- 15 families consulted
- 50 young people consulted

Referral pathway target: produced and disseminated with schools and key stakeholders.

Referral pathway actual: Derby Direction website signposting launching in October.

Enhanced relationships target: collaborative working partnership in place with a joint commitment to ensuring legacy and sustainability.

Enhanced relationships actual: Completed

Mental Health & Wellbeing target: 100 young people supported to improve their mental/ emotional wellbeing.

Mental Health & Wellbeing actual: 217 young people supported to improve their mental/ emotional wellbeing.

Mentoring target: 30 young people mentored

Mentoring actual: 38 young people mentored

Youth Voice target: 120 young peoples' voice captured

Youth Voice actual: 125 young peoples' voice captured

Careers and Employability target: 60 young people developed employability and life skills

Careers and Employability actual: 183 young people developed employability and life skills

Community Hubs & Digital Hubs target:

running (minimum of 8 hubs)

- Community Hubs accessed by 80 young people
- Digital Hubs accessed by 60 young people and 30 families

Community Hubs & Digital Hubs actual:

now running 14 community hubs

- Community Hubs accessed by 266 young people
- 8 Digital Hubs accessed by 98 young people

Schools target: 25 schools engaged in Inclusion Programme with 75% reporting that it has been meaningful and positive.

Schools actual: 47 schools engaged in Inclusion Programme with 95% reporting that it has been meaningful and positive.

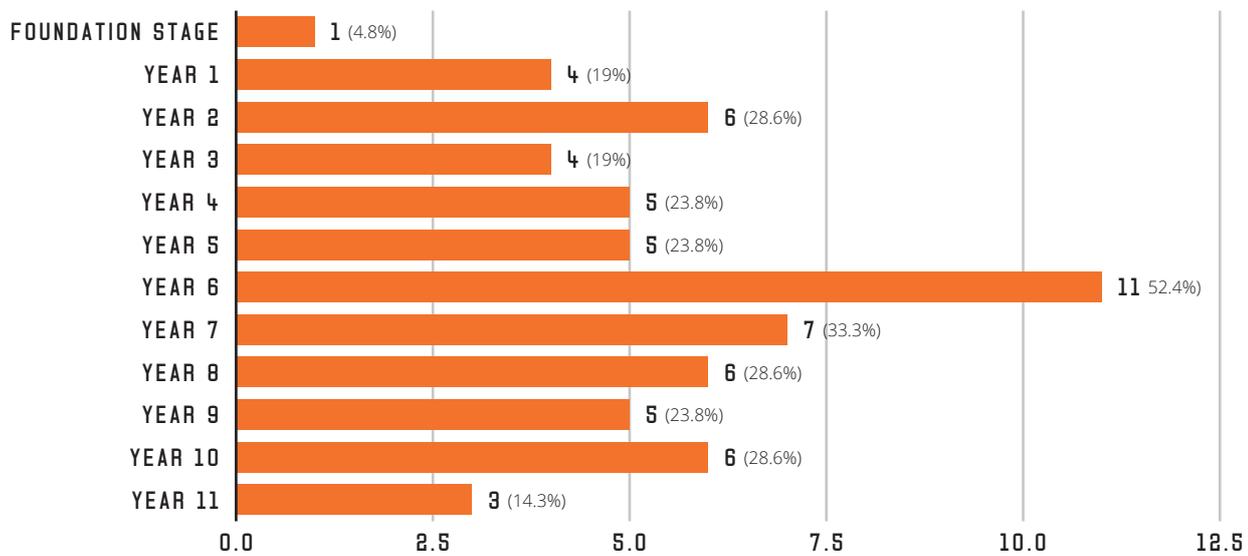
Making a difference target: 75% of young people accessing provision through the Inclusion Programme reported that it has had a positive impact and been beneficial.

Making a difference actual: 96% of young people accessing provision through the Inclusion Programme reported that it has had a positive impact and been beneficial.

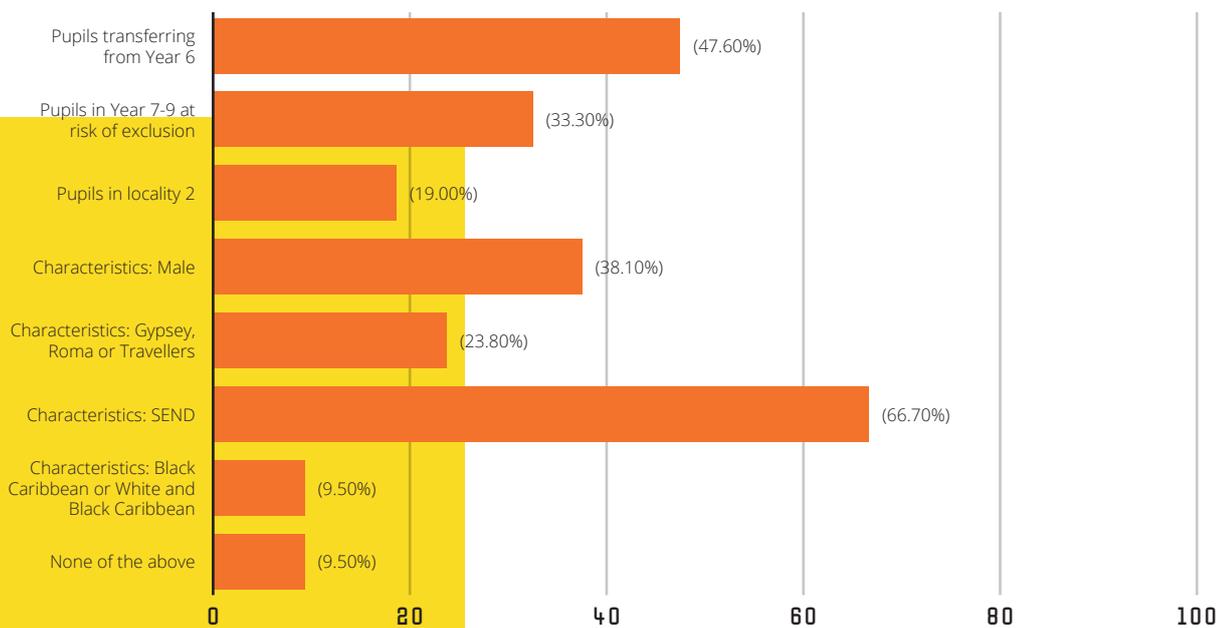
FINDINGS FROM SCHOOL DATA AND FEEDBACK RESPONSES

During Year 1 we've delivered programmes in X number of schools. Case studies have been gathered from programmes delivered along with capturing some feedback and data shared below.

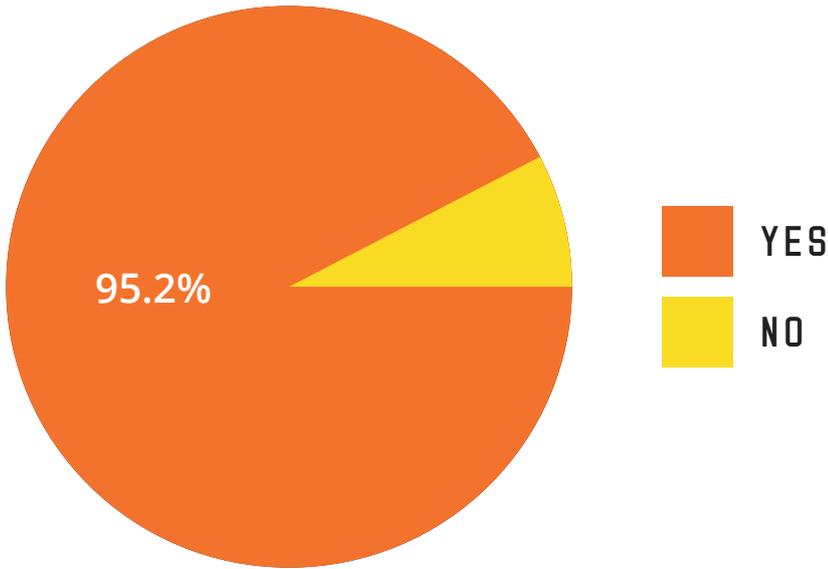
Please tick which year groups your pupils are from, that have accessed an OA Inclusion programme this year.



Please tick which of the following target groups pupils engaging in an OA Inclusion programme were from (tick all that apply).



Do you feel the OA Inclusion programme(s) accessed by your pupils has been meaningful and positive?



IT HAS BEEN A FANTASTIC OPPORTUNITY FOR OUR STUDENTS.

They were able to share their views in a very friendly environment and have learnt very important skills such as being part of a team and working collaboratively.

WE HAVE SEEN THE COURSE HAVE A POSITIVE EFFECT ON THE CHILDREN.

Our children were chosen as they were quite shy and lacked confidence. In readiness for Secondary, we decided that they intervention would boost their confidence and self-esteem.

THE CHILDREN THOROUGHLY ENJOYED TAKING PART IN THE PROGRAMME.

We would like to extend a huge thank you on behalf of our pupils.

A GREAT PROJECT TAILORED TO MEET THE NEEDS OF THE SCHOOL.

It was a fantastic project tailored to meet the needs of the school and most importantly the children.



PARTNER ORGANISATIONS

A key part of our approach has been connecting and working in collaboration with a range of organisations across the city, summarised below.

- Derby City Council
- Derby Theatre
- Derby Education Business Partnership
- YMCA
- Behaviour Strategy Group
- Bridge the Gap
- Learn by Design
- School Development Support Agency
- Primary Strategy Group
- Safe and Sound
- S.H.E.D.
- Baby People
- Secondary Strategy Group



LOOKING AHEAD TO YEAR 2

Derby County Community Trust are delighted to be commissioned for another year to run the Opportunity Area Inclusion Programme. We are working in collaboration with a number of organisations and specialists to provide a range of inclusion interventions and programmes to support children and young people at risk of exclusion.

OUTLINE OF OUR PROVISION

This year we will provide a 'universal offer' that can be accessed by all schools in the City, along with some 'targeted interventions' for schools to apply to access to support our most vulnerable children and young people. These programmes are intended to support children and young people at risk of permanent exclusion, or likely to be at risk of exclusion in the future. We have a range of specialist organisations that can provide preventative, early intervention support through small group sessions or focussed one to one mentoring for children and young people. This year we will also have a range of professional development opportunities and an information portal for school staff to access.

RESEARCH

We have commissioned EventID to undertake some social impact research to understand the impact of the Opportunity Area Inclusion Programme. This will include surveys of children/ young people, parents/ carers and school staff.

LEGACY AND SUSTAINABILITY

A key part of the success criteria for the inclusion programme, will be to ensure there is a legacy from the work. Through working in collaboration, we need to ensure the programme can be sustained to continue to support schools and make a difference to children and young people at risk of exclusion.

UNIVERSAL OFFER

- Community hubs and taster sessions
- Digital hubs and taster sessions
- CPD provision
 - Training workshops
 - Webinars and podcasts
 - Sharing success/case studies
 - Conference
- Derby Direction information portal

TARGETED INTERVENTIONS

Primary Schools:

- Emotional Literacy programme
- Mentoring
- Whole School Training and Parent Workshops
- Year 6-7 Transition package
- School bespoke pilot projects

Secondary Schools:

- KS3 Emotional Resilience programme
- Mentoring
- Whole School Training and Parent Workshops
- School bespoke pilot projects

FURTHER INFORMATION

Please get in touch if you have any questions or require further information.

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