

OPPORTUNITY AREA

INCLUSION PROGRAMME

2021-22

INTERVENTION PROGRAMMES



Derby County Community Trust have been commissioned for another year to run the Opportunity Area Inclusion Programme. We are working in collaboration with a number of organisations and specialists to provide a range of inclusion interventions and programmes to support children and young people at risk of exclusion. This year we will provide a 'universal offer' that can be accessed by all schools in the City, along with some 'targeted interventions' for schools to apply to access to support our most vulnerable children and young people.

WHO ARE THE PROGRAMMES INTENDED FOR?

These programmes are intended to support children and young people at risk of permanent exclusion, or likely to be at risk of exclusion in the future. We have a range of specialist organisations that can provide preventative, early intervention support through small group sessions or focussed one to one mentoring for children and young people. This year we will also have a range of professional development opportunities and an information portal for school staff to access.



UNIVERSAL OFFER

- Community hubs and taster sessions
- Digital hubs and taster sessions
- CPD provision
 - Training workshops
 - Webinars and podcasts
 - Sharing success/case studies
 - Conference
- Derby Direction information portal

TARGETED INTERVENTIONS PRIMARY SCHOOLS

- Emotional Literacy programme
- Mentoring
- Whole School Training and Parent Workshops
- Year 6-7 Transition package (launching Spring term - further information to follow)
- School bespoke pilot projects

TARGETED INTERVENTIONS SECONDARY SCHOOLS

- KS3 Emotional Resilience programme
- Mentoring
- Whole School Training and Parent Workshops
- School bespoke pilot projects

HOW TO ACCESS PROGRAMMES

All programmes are fully funded so free to access.

Universal Offer: Further information about the universal offer and how to access this will be shared with schools after half term. Opportunities will run throughout the academic year.

Targeted Interventions: Schools need to express an interest to access a targeted intervention programme. The first window to apply for an intervention programme is now open with a closing date of Friday 5th November 2021.

[CLICK HERE](#)

We will provide another opportunity later in the academic year to access some support but please be aware that we have a limited amount of funding and capacity. We will turn applications around as quickly as possible to get delivery in place as soon as we can, with the aim to start some delivery during Autumn term.

RESEARCH

We have commissioned EventID to undertake some social impact research to understand the impact of the Opportunity Area Inclusion Programme. This will include surveys of children/young people, parents/carers and school staff. Please note that if you are accessing an intervention programme, it is a requirement that you take part in the research.

FURTHER INFORMATION

Please see the following information for an overview of the intervention programmes. Please get in touch if you have any questions or require further information.

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TARGETED INTERVENTION PROGRAMME OUTLINES

EMOTIONAL LITERACY PROGRAMME PRIMARY AGE PUPILS

Delivered by Bridge the Gap this programme focusses on Emotional Literacy, helping children to learn what emotions are, how they feel and how to read them and move through them.

The aim is to normalise all emotions and feelings to help children to build authentic emotional resilience, boost self-esteem and improve long-term outcomes.

Group size:

Maximum of 6 children

Number of sessions:

Weekly 1 hour session delivered across 12 weeks

Space required:

A suitable physical space must be allocated

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EMOTIONAL RESILIENCE PROGRAMME KEY STAGE 3 PUPILS

Delivered by Derby County Community Trust this programme is designed empower key stage 3 students to help them make informed decisions and develop their mental toughness. Using 'bags of character' we will deliver 8-10 outdoor activity sessions based around the themes of confidence, commitment, challenge and control.

Working in small groups (approximately 6-8 young people), we will share self-help strategies to support young people to improve their wellbeing through building resilience, confidence and self-esteem.

Group size:

Approx 8-10 young people

Number of weeks:

Typically 8-10 weeks

Length of session:

Typically 60-90 minutes per session but can be tailored to school timetable.

Space required:

Outdoor space

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[CLICK HERE](#)

MENTORING

PRIMARY AND SECONDARY AGE PUPILS

We have a range of specialist organisations that can provide preventative, early intervention support through focussed one to one mentoring for children and young people at risk of exclusion. These can be tailored for both primary and secondary age pupils. Typically these sessions take place on school site with a specialist providing weekly sessions that range from 6 weeks to 6 months of support, depending on need.

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CLICK HERE



Safe and Sound can provide high quality tailored one to one support to young people at risk of exploitation. Whilst maintaining their specialism in sexual exploitation, they have expanded their services to those affected by all criminal exploitation.

Behaviours and characteristics this can support:

- Grooming and sexual exploitation
- Chaotic, fragmented home life
- Issues with drugs or alcohol
- Naivety around safe behaviour online
- Lack of understanding of healthy relationships



Bridge the Gap is dedicated to improving mental health and can offer proactive one to one support to boost self-esteem and resilience in order for children and young people to avoid challenging situations becoming a crisis.

Behaviours and characteristics this can support:

- Low level anxiety
- Support at a challenging time (e.g transition, separation)
- Growth mindset ("I CAN do this!")
- Low self-esteem
- Building authentic resilience
- Sleep trouble



Baby People is a music and arts development organisation, using art and culture to engage and support the needs of children and young people. Mentoring sessions can take place with a range of artists, from Breakdancers to music producers, graffiti artists to rappers and DJs.

Behaviours and characteristics this can support:

- Low engagement in literacy
- Criminal activity risk or exposure
- Support for young people from new communities that might need additional support with English language



Derby County Community Trust can use the power of sport and physical activity to support children and young people to build their confidence and self-esteem.

Behaviours and characteristics this can support:

- Social anxiety
- Low confidence
- Friendship challenges
- Low mental wellbeing
- Anti-social behaviour

WHOLE SCHOOL TRAINING AND PARENT WORKSHOPS

INFANT, JUNIOR, PRIMARY AND SECONDARY SCHOOLS

Our range of partner organisations and specialists can deliver twilight whole school training and/ or parent workshops.

Examples of whole school staff training include:

- Connection and co-regulation
- Exploitation awareness
- De-escalation and positive handling
- Mental health and wellbeing
- Modelling behaviour and positive language
- Restorative practices
- Conflict resolution

Examples of parent workshops include:

- Staying safe online
- Exploitation awareness
- Mental health and wellbeing

Schools can apply throughout the year but please be aware we have a limited amount of funding for whole school training and parent workshops. We will turn applications around as quickly as possible.

To express an interest in whole school training or a parent workshop please contact jo.wilkinson@dcct.co.uk or get in touch if you would like further information.



SCHOOL BESPOKE PROJECT

INFANT, JUNIOR, PRIMARY AND SECONDARY SCHOOLS

We would like to give schools the opportunity to apply for some funding to develop a bespoke programme for their school. This must fulfil the objectives of the Opportunity Area Inclusion Programme to support children and young people at risk of permanent exclusion, or likely to be at risk of exclusion in the future. This can include staff training, a group or individual pupil programme or a family engagement programme.

Examples of bespoke projects supported in 2020/21:

- Family liaison support and workshops
- Twilight Alternative Provision Intervention
- Outdoor Learning
- Mental Health & Wellbeing
- Leadership programme
- Digital Literacy Passport
- Careers and Employability programme
- Transition programme

Funding available:

We can provide funding of up to £3,000 for a limited number of schools/ projects. You can of course add your own funding if the project requires it

To apply please submit an outline of the project including:

- Context
- Overview of the project
- Target group
- Expected outcomes
- Costs
- Contact name and email

Schools can apply throughout the year but please be aware we have a limited amount of funding. We will turn applications around as quickly as possible.

Please send your application to jo.wilkinson@dctt.co.uk or get in touch if you would like to discuss this further.

